



BREAKFAST MENU

Served daily from 7:00 am to 11:30 am

RISE & SHINE 13
2 farm fresh eggs cooked your way,
bacon or sausage, toast & hashbrowns

ELEMENTS BENNIES 16
All bennies come with 2 poached eggs,
English muffin, hollandaise & hashbrowns
Good Earth - spinach, mushroom,
grilled onion
Classic - back bacon, hickory bacon,
green onion
West Coast - salmon, cream cheese,
caper, onion

COPPER POINT OMELETTES 14
All omelettes are 3 eggs and come with
toast & hashbrowns
Signature - ham, pepper, cheddar cheese,
green onion
Garden - spinach, mushroom, tomato,
caramelized onion, brie cheese

BREAKFAST HASH 14
All hash come with a poached egg,
hashbrowns & toast
Are You Chicken - chicken sausage,
poblano, jalapeno, sriracha aioli
Three Little Pigs - chorizo, ham, bacon,
onion, gouda cheese

STEAK & EGGS 19
bacon wrapped beef tenderloin,
2 eggs any style, tomato, hollandaise,
toast & hashbrowns

BREAKFAST WRAP 14
fried egg, chorizo sausage, poblano,
tomato, cheddar & hashbrowns

BANANA LOAF FRENCH TOAST 13
banana bread, table syrup, whip cream
mixed berry compote

BELGIAN WAFFLES 8 V
made to order, cinnamon spiked waffle,
berry compote, table syrup, whip cream

CINNAMON OATMEAL 7 V, EF
Oats cooked in cinnamon milk served with
brown sugar, raisin, almonds & fruit cup

ELEMENTS FRUIT SMOOTHIE 7 V, EF
house made mixed berry smoothie –
yogurt, berries, honey & fresh juices

SPA DAY PARFAIT 7 V, EF
house made granola, mixed berries,
Greek yogurt



enhancements

- juice 3
- coffee or tea 3
- bacon GF 3
- pork sausage 3
- chicken sausage GF 4
- egg 2
- cereal 4
- toast 2
- bagel & cream cheese 3
- hashbrowns 3
- cinnamon bun 7
- fruit cup 5

ENJOY OUR DAILY BREAKFAST BUFFET \$15/Person, \$8/Kids

Featuring Scrambled Egg, Hash brown, Baked Oatmeal, Bacon & Breakfast Sausage, Individual Yogurts, Fresh cut & whole Fruit, baked Danishes & croissants, cereal station

Gluten Free – GF	Dairy Free – DF
Vegetarian – V	Contains Peanuts – P
Contains Tree Nuts – TN	Egg Free – EF

Prices are exclusive of 5% gst. Ask about our gluten free options and child friendly portions and pricing.
Please let your server know of any food allergies you may have.